



Registration Form

Parents or guardians, please complete:

I am interested in registering my daughter in the free **Emerging Young Ladies** program. Please contact me so I might register my daughter.

My Name _____

Address _____

Phone Number _____

Cell Number _____

Young Lady's Name _____

Address _____

Phone Number _____

Cell Number _____

All sessions will begin at Padua Center at 11:00 AM. For the last session parents, guardians will receive an invitation to join the concluding ceremony.



Contact the Center

The Padua Center
1416 Nebraska Avenue
Toledo, Ohio 43607
(419) 241-6465
vwelsh@toledodiocese.org

Staff:

Sister Virginia Welsh OSF, Director
Alicia Smith, Educational Coordinator

Values

- Umoja* – unity
- Kujichagulia* – self-determination
- Ujima* – collective work
- Ujamaa* – cooperative economics
- Nia* – purpose
- Kuumba* – creativity
- Imani* – faith

www.paduacenter.org



Emerging Young Ladies

Educating....

Empowering....

Engaging

Emerging Young Ladies



This is a special program designed just for you—a girl in middle school (grades 6-8).

Have you ever thought about what challenges you will face in the next couple of years?

Do you ever ask yourself?

How will I get along with my girl friends?

When should I start dating?

How do I make decisions about sex?

With whom can I share my concerns?

What should I do with my life?

Will I be able to finish High School?

Is college a choice for me?

These are just a few of the questions that all emerging young ladies ask themselves. There are some people who would like to help you answer these questions.

Join us at Padua Center for this exciting program. Each session will include lunch, sharing time, guest speakers, fun and time with your friends.

Four Saturdays...Four Topics...

All for fun and All free!

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January 24	Understanding who I am and how I came to be ME.
January 31	Connecting with others
February 7	Healthy living, mind and spirit
February 14	My journey ahead as an Emerging Young Lady.

Banquet and graduation.

All sessions will begin at 11:00 AM at Padua Center. Some sessions will involve travel to other sites. Individuals wishing to participate must register and attend all four sessions.

Sponsors

The Emerging Young Ladies program is being sponsored by a coalition of community agencies interested in helping you navigate the exciting waters of adolescence. Each week there will be a variety of leaders to give you many opportunities for interaction with adults.

Among those contributing to the development of this program are:
St. Martin de Porres Parishioners
Second Chance
The Padua Center

On May 17, 2008, six young women and two guests gathered around the banquet table at the Padua Center to celebrate the conclusion of the pilot program, Emerging Young Ladies.

Having gathered for four Saturdays to reflect upon issues facing young women in today's society, this core group gave valuable feedback to the planners and eagerly volunteered to help lead the group in September.

"I learned how teammates help me," said one participant.

Comments on the Pilot Program

"I learned teamwork."

"I learned it is important to talk it out when something is wrong."

"I learned to make positive choices."

"I learned there are certain people to watch out for."

The girls liked the activities, the interactive style, making new friends, and the time they spent talking about different ideas and concerns. The Catholic Club visit, which focused on cooperative games, was a highlight with the girls. Nurse Jacqueline, Miss Natural, and Celia Williamson received recognition for engaging the girls and sharing important information about growing up.